

<b>Programme</b>	<b>ADP Home Economics</b>	<b>Course Code</b>	<b>HETF-206L</b>	<b>Credit Hours</b>	<b>2(0+2)</b>
<b>Course Title</b>	<b>FUNDAMENTALS OF FASHION &amp; APPAREL (LAB)</b>				
<b>Course Introduction</b>					
The main objective of this course is to understand the historical evolution and trends in fashion and analyze the relationship between fashion, culture, and consumer preferences. Identify key components of apparel construction and textile selection					
<b>Learning Outcomes</b>					
On the completion of the course, the students will:					
1. To develop technical skills in drafting, cutting, stitching, and finishing of children's garments.					
2. To understand size measurements and proportion for infant and pre-school garments.					
3. To construct complete frocks using proper garment construction techniques.					
<b>Course Content</b>			<b>Assignments/Readings</b>		
<b>Week 1</b>	Introduction to the Frock and Measurement Chart		Prepare measurement chart for Infant frock Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 14		
	Introduction to the Basic Block an Infant Frock		Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 14 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 36		
<b>Week 2</b>	Drafting of Basic Bodice Block of Infant Frock		Draft bodice blocks on pattern paper Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 14, 36 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 36		
	Drafting of Basic sleeve of Infant Frock		Draft bodice blocks on pattern paper Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 14, 36 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 45-46		
<b>Week 3</b>	Alteration of Infant Frock Yokes: Straight		Draft infant frock with straight and curved yokes Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 19-20 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 40-41		
	Alteration of Infant Frock Yokes: Curved		Draft infant frock with curved yokes Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 19-20 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 49-50		

<b>Week 4</b>	Alteration of Infant Frock Yokes: Square	Draft infant frock with square yoke styles Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 20 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 54-55
	Alteration of Infant Frock Yokes: Circle	Draft infant frock with circular yoke styles Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 20 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 58-60
<b>Week 5</b>	Pinning of Infant Frock	Pining paper pattern on fabric for cutting layout
<b>Week 6</b>	Cutting of Infant Frock	Cut all pattern pieces with correct seam allowance
<b>Week 7</b>	Stitching of Infant Frock	Stitch complete infant frock with basic finishing
<b>Week 8</b>	Finishing of Infant Frock	
<b>Week 9</b>	<b>Mid Term Exam</b>	---
<b>Week 10</b>	Introduction of Pre-School Frock: A-Line and Waist Fitted Frock	Prepare measurement chart for Pre- School frock Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 82-83 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 62
	Measurement Chart for Pre-School Frock	Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 82-83 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 62
<b>Week 11</b>	Drafting of Basic Bodice Block of Pre School Frock	Draft bodice block for pre-school frock Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 51 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 65
	Drafting of Basic sleeve Block of Pre School Frock	Draft sleeve block for pre-school frock Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 36 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 66,69
	Drafting of Pre-School Frock: A- Line	Draftings of A-Line Frock Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 51 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 83, 86

<b>Week 12</b>	Drafting of Pre-School Frock: Waist Fitted Frock	Draftings of Waist fitted Frock Gloria Mortimer-Dunn, Pattern Design for Children's Clothes Pg 47 Sewing Manual BS Home Economics 1 <sup>st</sup> Year, Pg, 70
<b>Week 13</b>	Pinning of Pre-School Frock	Pinning of paper pattern of A-line or waist-fitted frock.on fabric
<b>Week 14</b>	Cutting of Pre-School Frock	Cut pattern pieces for A-line or waist-fitted frock.
<b>Week 15</b>	Stitching of Pre-School Frock	Stitch complete Pre-school frock with basic finishing
<b>Week 16</b>	Finishing of Pre-School Frock	
<b>Week 17</b>	Compilation of Portfolio	Making portfolio with Basic Bodice Blocks and Draftings
	Signing of Portfolio	
<b>Week 18</b>	<b>Final Term Exam</b>	---
<b>Textbooks and Reading Material</b>		
<ol style="list-style-type: none"> <li>1. Armstrong, H. J. (2014). Patternmaking for fashion design 5<sup>th</sup> Ed.</li> <li>2. Claire Shaeffer (2011) – Fabric Sewing Guide, Taunton Press.</li> <li>3. Pattern Design for Children's Clothes by Gloria Mortimer-Dunn.</li> <li>4. Sewing Manual BS Home Economics 1<sup>st</sup> Year by Mrs. Saghira Zia</li> </ol>		
<b>Teaching Learning Strategies</b>		
<p>Lecture-based learning through lectures and presentations.</p> <p>Technology-based learning -use of Multimedia etc.</p> <p>Group learning through group assignments and discussion.</p>		
<b>Assignments: Types and Number with Calendar</b>		
<p>Assignment 1 (week 1): Infant Body Measurement Chart Assignment 2 (week 2-4): Drafted Patterns of Infant Yokes (4 types) Assignment 3 (week 2-4): Completed Infant Frock (Mid-Term) Assignment 4 (week 10): Pre- School Body Measurement Chart Assignment 5 (week 11-12): Drafted Patterns of Pre-School Frock (A-line &amp; Waist-fitted) Assignment 6 (week 16): Completed Pre-School Frock (Final Submission) Assignment 7 (week 17):Portfolio File (All Drafts)</p>		